

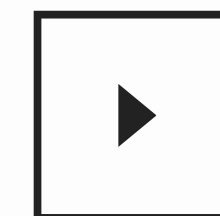


2021



# Evidence -Based Practices

Nebraska Division of Parole Supervision



# Principles of Effective Interventions



Assess Actuarial Risk/Needs



Enhance Intrinsic Motivation



Target Interventions



Skill Train with Directed Practice



Increase Positive Reinforcement



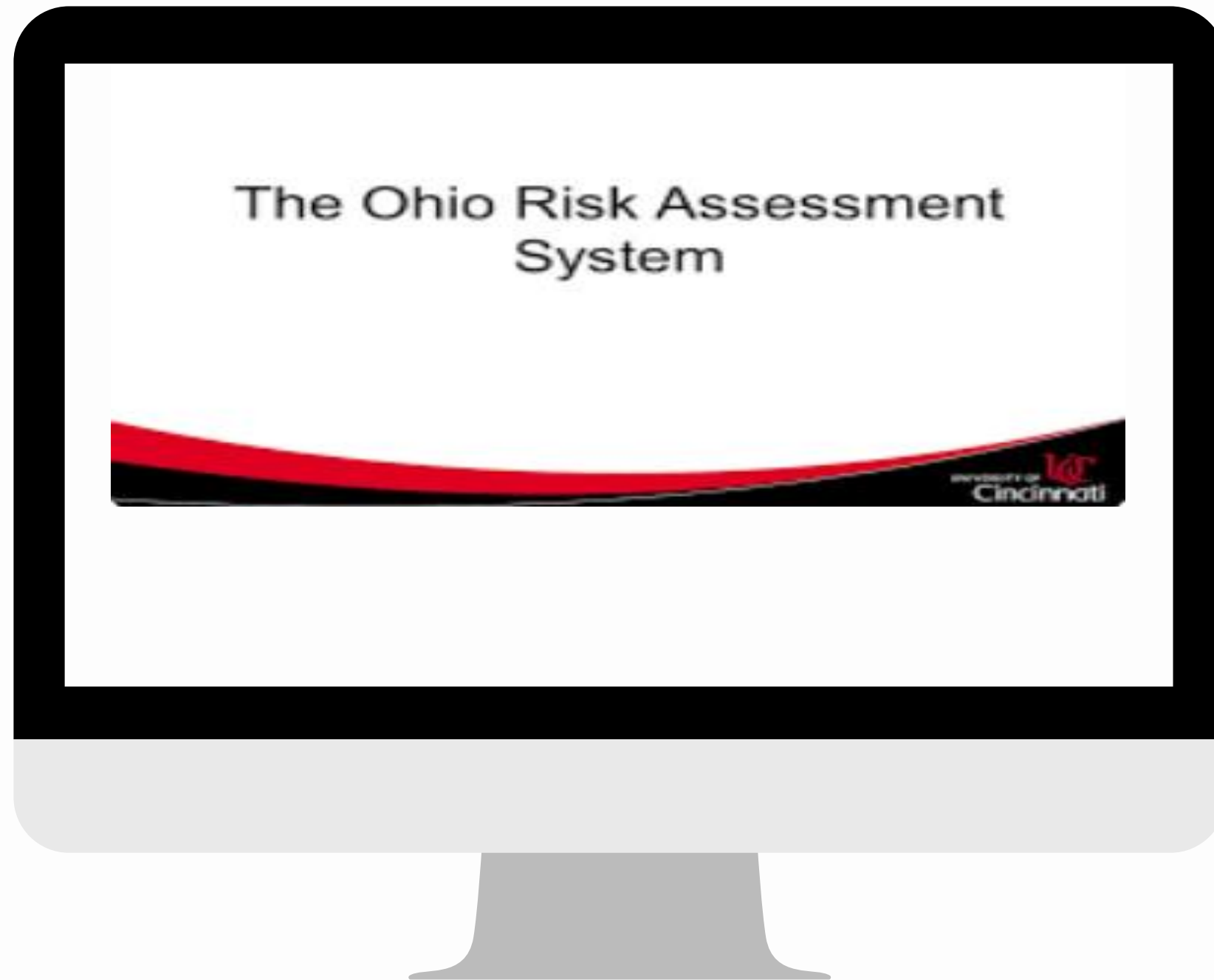
Engage Ongoing Support in Natural Communities



Measure Relevant Processes/Practices



Provide Measurement Feedback



## Address Actuarial Risks/Needs

Assessing offenders' risk and needs (focusing on risk factors and criminogenic needs) at the individual and aggregate levels is essential for implementing the principles of best practice.

## Tools

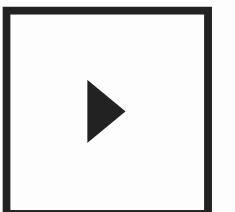
ORAS, Static, Stable, Acute, PSI, & Criminal History



## Enhance Intrinsic Motivation

Effectively enhance motivation  
for initiating and maintaining  
positive behavior changes.

Learn a new way.



# Target Interventions

Prioritize, Target, Respond, Structure, Integrate



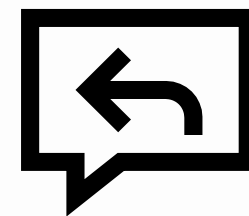
Risk

Prioritize supervision & treatment for higher risk offenders.



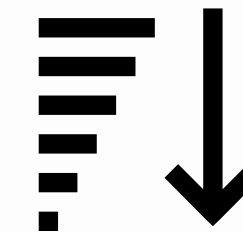
Need

Target interventions to criminogenic needs.



Responsivity

Be responsive to temperament, learning style, motivation, gender, & culture.



Dosage

Structure free time with prosocial engagements.



Treatment

Integrate treatment into Special Conditions & sanctions requirements.

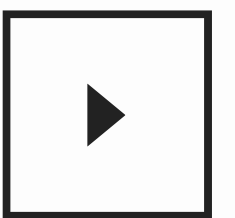
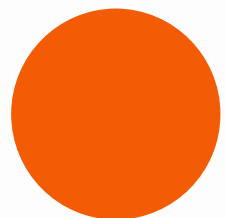


# Skill Train with Directed Practice

EPICS

CBI4NE1

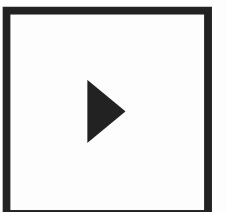
Utilize evidence based programming that emphasized cognitive-behavior strategies.



# Increase Positive Reinforce ment

**BMS**

Apply four positive reinforcements for every one negative reinforcement for optimal behavior change.



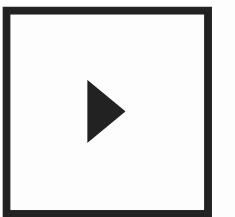
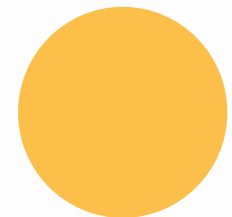




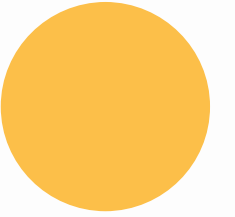
**Utilize Community Providers**

# Engage Ongoing Support in Natural Communities

Realign and actively engage pro-social support for offenders in their communities for positive reinforcement of desired new behaviors.



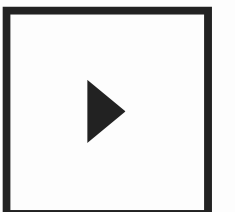




# Measure Relevant Processes/Practices

An accurate and detailed documentation of case information and staff performance, along with a formal and valid mechanism for measuring outcomes, is the foundation of evidence-based practice.

**CQI, Dashboards, Reports**



# Evidence-Based Practices

## **Measure & Evaluate**

Administrative staff and officers evaluate data to assess strengths and identify opportunities for client development as well as agency growth.

## **Assess & Motivate**

Officers conduct risk and needs assessments to identify drivers of criminal behavior and then work to motivate clients to change.

## **Reinforce & Support**

With the use of a sanctions and incentives matrix, officers provide behavioral reinforcement while also connecting clients with community supports.

## **Target & Train**

Using cognitive-behavioral techniques, officers target criminogenic needs and skill train clients using role modeling and directed practice.

# Client- Specific EBPs

## Core Principles:

Risk Assessment

Address Thinking Patterns

Need for Behavioral  
Management

Custodial Sanctions